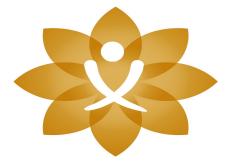
## **Prenatal Massage Release Form**



## **Prenatal Massage Contraindications**

Massage therapy during pregnancy has been shown to be beneficial for a number of common complaints such as fatigue, musculoskeletal pain, sciatica, edema, and many others. However, there are risks associated with specific conditions that may occur during pregnancy.

You must inform your massage therapist/practitioner if you have or have had in the past any of the following conditions or symptoms which may make massage therapy during pregnancy contraindicated or may require your therapist/practitioner to alter the massage.

- History of miscarriage
- Gestational Diabetes
- Cardiac, pulmonary, liver, or renal disorders
- Mother's age under 20 or over 35
- Pitting edema
- Epilepsy or other convulsive disorders
- Placental or cervical dysfunction
- Abdominal pain
- Leaking of amniotic fluid
- Fever

Client's Release

- Sudden edema/swelling
- Severe headaches

- Preeclampsia
- History of any high-risk pregnancy
- Drug exposure
- Multiples
- Hypertension
- Genetic abnormalities
- Fetal growth retardation
- Bloody discharge
- Sudden weight gain
- Diarrhea
- Decrease in fetal movement over 24-hour period
- Severe nausea or vomiting

I,, have r	read the aforementioned conditions and symptoms
which make massage therapy during pregnancy contradiscussed this information with me and provided opportactors of my pregnancy.	
* '	physician any health concerns that I had about receiving physician has given me clearance to receive massage
I understand that I will be receiving massage therapy a therapy is not meant to replace appropriate medical ca LifeTouch Massage and Therapy, LLC of all liability for treatment(s).	re. I release the massage therapist/practitioner, and
Signature	Date